
Training for Community Development

Combat Poverty Agency

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Published by Combat Poverty Agency,
8 Charlemont Street, Dublin 2.
Telephone 01-783355.

ISBN 1 871643 03 1

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Introduction

Training for community development

This booklet gives details of training courses available in Ireland which are directly relevant to organisations and individuals involved in community work. It provides a register of trainers who specialize in related areas, such as counselling, individual and group development, health, management and administration, publishing, and many other areas which are of particular interest to people involved in community work.

The information is not comprehensive, and may already be out of date in places – the trainers and the courses they give are constantly changing, partly because they respond rapidly to the needs of the community, and partly because they operate in a particularly uncertain economic climate.

Who will use this register?

Anyone involved in community work of any kind should find in these pages many opportunities for developing their skills and their understanding of their work. Some of the entries will be useful to those engaged in full-time projects, such as community workshops, women's centres, family resource centres, or community enterprise projects, while others will attract groups who operate on a part-time or voluntary basis, such as youth groups, women's groups, or welfare rights groups. It is hoped that the publication will be of particular benefit to those working in disadvantaged areas.

Why are we publishing it?

The Combat Poverty Agency is publishing this register in response to numerous requests, and in recognition of the lack of generally available information on training for community development. It is hoped that by presenting the information in this format, community groups will see the options that are available, and take them up more frequently.

At the same time, the Agency is aware that the situation in Ireland regarding training for community development is very poor. No one organisation has responsibility for funding such training, and groups very often find it impossible to fund training programmes. Even when training is undertaken, it is often inadequate, as the groups have to avail of existing courses which are funded, rather than design programmes to meet their specific needs.

Where did the information come from?

The information in this register was compiled for the Agency by Anna Quigley over a five-week period in the summer of 1988. The information was supplied by the trainers themselves, and is presented here with minimal editing to standardize the format. The Agency is not responsible for the training listed, nor for the accuracy of the information.

Choosing a trainer or a course

Before you decide on a particular trainer or course, contact some of the groups who have previously used them – the trainer should readily give you the names of contact persons. Then compare your training needs with those of the other groups, and ascertain how the trainer worked with them. There is no way of guaranteeing that a particular trainer will address all the needs of your group exactly as you would wish, but by careful selection, proper discussion with the trainer beforehand, and checking with other groups who have used the trainer before, you should be able to make a more informed decision.

Using the register

The register is arranged alphabetically by trainer name, and each trainer is also identified by a trainer number. The index cross-references subject matter with these trainer numbers (not page numbers).

Trainers not included

Any individual or organisation involved in training for community development who is not included in this publication, and who would like to be mentioned in any future editions that may be published, should contact the Agency at 01-783355.

Details of Trainers

Aonad Computer Services Co-op

Contact Address: Aonad Computer Services Co-op.,
c/o Tom or Kate,
32 Parnell Square,
Dublin 1. Tel.: 01-735391

Subject Area: Computers/ Information Technology.
Specific Course(s): Introduction to Computer Technology
Description: Course includes word processing; data bases;
spread sheets; accounts packages.
Method: Lectures; 'hands-on' computer experience.
Philosophy: Courses are people-centred. The emphasis is
on learning by doing, and demystifying the
technology.
Target Group: All ages; all groups; all levels of experience.
Location: No restrictions.
Duration: To meet user requirements.
Availability: Normally during office hours, Monday to Friday.

Subject Area: Co-operatives.
Description: Co-operative Development Education
Method: Lectures; group discussions; videos; project
work.
Philosophy: Courses and lectures are people-centred. The
principles of worker participation, embodied in
worker co-operatives, are extended to
participants.
Target Group: Groups interested in forming workers'
co-operatives.
Location: No restriction.
Duration: Course duration depends on group's resources.
Availability: To meet group's requirements.

Athena Consultancy

Contact Address: Athena Consultancy,
c/o Geoffrey Corry, Geraldine Grindley,
95 Stillorgan Wood,
Stillorgan,
Co. Dublin. Tel.: 01-884190

Subject Area: Management Consultancy

Specific Course(s): Handling Conflict Positively
Effective Teamwork
Making Meetings Work
Planning and Managing Change
Supervision for High Performance

Description: Consultancy on issues of: managing change;
organisation development; improving reward
and performance systems; third party
facilitation of group conflict.

Method: Formal input and participatory workshops.
Course content is designed in consultation
with each group, to meet their particular
requirements.

Philosophy: There is a major shift away from hierarchical
structures in organisations to structures based
on teams and problem solving. The best
solutions to problems arise from bringing
together the right people possessing the
appropriate skills and technical competence.

Target Group: Full-time workers; managers; voluntary
management boards.

Location: No restriction.

Duration: One-day or two-day sessions.

Availability: Generally available.

Athena Consultancy (continued)

Subject Area: Management Development for Voluntary
Organisations

Specific Course(s): See above

Description: Management development for voluntary
organisations.

Method: Participatory workshops.

Philosophy: Strong foundations of respect and trust are
built through joint problem-solving with staff,
and by openly confronting issues.

Target Group: Those involved in the management of
voluntary groups.

Location: Usually Dublin venues.

Duration: Workshops are scheduled for specific times.

Availability: Contact Athena.

Subject Area: Group work skills.

Specific Course(s): See above

Description: Group work skills.

Method: Group work.

Philosophy: Working with organisations whose approach is
based on teams and problem-solving.

Target Group: Full-time workers; managers; voluntary
management boards.

Location: No restriction.

Duration: Contact Athena.

Availability: Contact Athena.

Ballsbridge College of Business Studies

Contact Address: Ballsbridge College of Business Studies,
Shelbourne Road,
Dublin 4. Tel.: 01-684806

Subject Area: Personal Development

Specific Course(s): Extra-Mural Certificate Course in Assertiveness and Personal Development

Description: Course covers: group process; groupwork method; assertiveness theory; self-esteem; handling criticism; assertive communication etc.

Method: Each class will consist of theoretical input combined with individual and group involvement.

Philosophy: The courses are run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth. Learning and education are considered as life-long processes.

Target Group: People working with either groups or individuals.

Location: Contact the college.

Duration: 20 x 2 hour sessions.

Availability: Contact the college.

Ballsbridge College of Business Studies (continued)

Subject Area: Counselling.

Specific Course(s): Extra-mural Certificate in Counselling Skills

Description: Course covers: counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.

Method: The course is experientially based and there is a great deal of emphasis on the sharing of people's own experience and resources. The course content is adaptable to the needs of particular groups.

Philosophy: The courses are run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth. Learning and education are considered as life-long processes.

Target Group: Those involved (paid or unpaid) in working with other people.

Location: Contact the college.

Duration: 25 x 2 hour sessions.

Availability: Contact the college.

4 Ballyfermot Senior College

Contact Address: Ballyfermot Senior College,
Ballyfermot,
Dublin 10. Tel.: 01-269421

Subject Area: Media Studies.

Specific Course(s): Extra-mural Diploma in Media Studies

Description: Course covers: role of the media in society; radio production and planning; drama scripts and ideas; news reporting; studio management etc.

Method: The course gives participants practical experience in the production of radio and television programmes.

Philosophy: The courses are run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth. Learning and education are considered as life-long processes.

Target Group: People who work in education or training.

Location: Ballyfermot Senior College.

Duration: 25 x Saturdays 10am. to 4pm.

Availability: Contact the college.

Ballyfermot Senior College (continued)

Subject Area: Counselling.

Specific Course(s): Extra-mural Certificate in Counselling Skills

Description: Course covers: counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.

Method: The course is experientially based and there is a great deal of emphasis on the sharing of people's own experience and resources. The course content is adaptable to the needs of particular groups.

Philosophy: The courses are run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth. Learning and education are considered as life-long processes.

Target Group: Those involved (paid or unpaid) in working with other people.

Location: Contact the college.

Duration: 25 x 2 hour sessions.

Availability: Contact the college.

Subject Area: Pre-school education.

Specific Course(s): Extra-mural Diploma in Pre-school Education

Description: Course covers: principles and practice in Ireland and other countries; child development/psychology; play; resources and materials; skills of a playgroup leader.

Method: A combination of theoretical input and practical sessions.

Philosophy: The courses are run in conjunction with the Centre for Adult and Community Education. See above.

Target Group: People already involved in play-groups or people interested in the general area.

Location: Ballyfermot Senior College.

Duration: 23 x 3 hour sessions, Wednesdays 7pm-10pm

Availability: Contact the college.

5**Patricia Brand and Associates**

Contact Address: Patricia Brand and Associates,
Fernhill,
Baily,
Howth,
Co. Dublin. Tel.: 01-390873

Subject Area: Organisation/Personal Development.
Specific Course(s): Organisation Development/ Personal Development
Description: Attention is focused on: the person as a resource to the team; the vision of the organisation; the developing culture; the resultant services.
Method: Participatory workshops.
Philosophy: The individual is a resource to the group and shapes, with other individuals, the culture of that group. Development of an organisation requires the personal development of the individuals within it.
Target Group: Small developing organisations who are interested in their own congruence and how this can be developed and extended into the community.
Location: Will travel with expenses.
Duration: Negotiable.
Availability: Contact Brand and Associates

6**Bray V.E.C.**

Contact Address: Brian Mac Diarmada,
V.E.C. Offices,
Florence Road,
Bray,
Co. Wicklow. Tel.: 01-860540
01-862482

Subject Area: Counselling.
Specific Course(s): Extra-mural Certificate in Counselling Skills
Description: Course covers: counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.
Method: The course is experientially based and there is a great deal of emphasis on the sharing of people's own experience and resources. The course content is adaptable to the needs of particular groups.
Philosophy: The course is run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth. Learning and education are considered as life-long processes.
Target Group: Those involved (paid or unpaid) in working with other people.
Location: Contact the college.
Duration: 25 x 2 hour sessions.
Availability: Contact the college.

Contact Address: Catherine Brophy,
32 Clarinda Park East,
Dun Laoghaire,
Co. Dublin. Tel.: 01-842307

Subject Area: Group facilitation skills.
Description: Group facilitation skills.
Target Group: Community workers; group leaders; teachers; trainers; managers.
Philosophy: Everyone has skills, knowledge, wisdom and potential. My job is to provide an environment in which they can be recognized and developed. Maximal learning takes place when practical experience, backed with relevant theory, is presented in an atmosphere of trust and validation. My job is to create those conditions.
Method: Methods are dictated directly by the needs and experience of the group and include: theoretical information; experiential exercises; role exploration; imagery; written work; brainstorming; discussion.
Location: Any area of Dublin considered - City Centre and South preferred. Willing to travel to other locations occasionally.
Duration: One week for basic principles and practice. Longer on-going training designed for specific needs.
Availability: From September 1988.

Subject Area: Creativity and Relaxation
Description: Methods to contact and develop creativity.
Target Group: Groups working together; any groups interested in the area.
Philosophy: Everyone has skills, knowledge, wisdom and potential. My job is to provide an environment in which they can be recognized and developed. Maximal learning takes place when practical experience, backed with relevant theory, is presented in an atmosphere of trust and validation. My job is to create those conditions.
Method: Methods are dictated directly by the needs and experience of the group and include: theoretical information; experiential exercises; role exploration; imagery; written work; brainstorming; discussion.
Location: Any area of Dublin considered - City Centre and South preferred. Willing to travel to other locations occasionally.
Duration: A minimum of one day. Length of training depends on needs, wishes and resources of the group.
Availability: Contact Catherine Brophy.

Catherine Brophy (continued)

Subject Area:	Leadership training.
Description:	Training includes: leadership roles; group dynamics; group needs etc.
Philosophy:	Everyone has skills, knowledge, wisdom and potential. My job is to provide an environment in which they can be recognized and developed. Maximal learning takes place when practical experience, backed with relevant theory, is presented in an atmosphere of trust and validation. My job is to create those conditions.
Method:	Methods are dictated directly by the needs and experience of the group and include: theoretical information; experiential exercises; role exploration; imagery; written work; brainstorming; discussion.
Location:	Any area of Dublin considered - City Centre and South preferred. Willing to travel to other locations occasionally.
Target Group:	Anyone in a leadership position; leadership trainees.
Duration:	A minimum of one day. Length of training depends on the needs, wishes and resources of the group.
Availability:	From September 1988.
Additnl.Info.:	Participants should have freedom of choice to attend.

Catherine Brophy (continued)

Subject Area:	Communication Skills
Description:	Communication skills.
Philosophy:	Everyone has skills, knowledge, wisdom and potential. My job is to provide an environment in which they can be recognized and developed. Maximal learning takes place when practical experience, backed with relevant theory, is presented in an atmosphere of trust and validation. My job is to create those conditions.
Method:	Methods are dictated directly by the needs and experience of the group and include: theoretical information; experiential exercises; role exploration; imagery; written work; brainstorming; discussion.
Location:	Any area of Dublin considered - City Centre and South preferred. Willing to travel to other locations occasionally.
Target Group:	Community groups; community leaders; voluntary groups involved in care; caring professionals; teachers; managers.
Duration:	Depends on the needs, wishes and resources of the group. A minimum of a half day for introduction to the subject.
Availability:	From September 1988.

Catherine Brophy (continued)

Subject Area: Personal development

Description: General facilitation of any personal development work, e.g. developing confidence; conflict resolution; relaxation and creativity; developing support groups etc.

Philosophy: Everyone has skills, knowledge, wisdom and potential. My job is to provide an environment in which they can be recognized and developed. Maximal learning takes place when practical experience, backed with relevant theory, is presented in an atmosphere of trust and validation. My job is to create those conditions.

Method: Methods are dictated directly by the needs and experience of the group and include: theoretical information; experiential exercises; role exploration; imagery; written work; brainstorming; discussion.

Location: Any area of Dublin considered - City Centre and South preferred. Willing to travel to other locations occasionally.

Target Group: Any group interested in personal development.

Duration: Depends on the needs, wishes and resources of the group. A minimum of a half day for introduction to the subject.

Availability: From September 1988.

Additnl.Info.: Excluding assertiveness training.

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Adrienne Candy

Contact Address: Adrienne Candy,
15 Cherryfield Avenue,
Ranelagh,
Dublin 6. Tel.:01-978961

Subject Area: Communication/ Marketing.

Description: Communication skills; meeting skills; negotiating with state agencies; basic marketing and market research at home and abroad.

Method: Workshops; seminars; discussion groups; case studies and examples.

Philosophy: Anyone can run a successful business - its just a matter of hard work, common sense and knowing your way around. You don't need previous experience, just lots of energy, commitment and someone who can guide you through the maze of state agencies, banks etc.

Target Group: Any voluntary or community group - particularly those interested in developing an enterprise.

Location: No restriction.

Duration: Generally 2-3 days.

Availability: To meet group's requirements.

Contact Address: Catalyst,
c/o Barbara Cullinan,
22 St. Fintan Road,
Cabra,
Dublin 7.

Tel.: 01-381328
01-303435

Subject Area: Communication/ Personal Development.

Description: A wide range of skills are included in training including: facilitation skills; communication skills; conflict models; personal development; creativity; goal setting; exploration of specific issues; sexuality etc.

Method: Courses are tailored to meet group requirements. We emphasise non-verbal, as well as verbal methods, as appropriate: imagery; music; movement etc. Attention is focused on both task and process.

Philosophy: We are a multi-disciplined collective including social workers, teachers, musicians, family therapists, psychologists etc. We specialise in working with groups.

Target Group: All groups.

Location: Dublin based, but can travel.

Duration: Subject to availability of trainers.

Availability: Contact Catalyst.

Contact Address: Catholic Youth Council,
20/23 Arran Quay,
Dublin 7.

Tel.: 01-725055

Subject Area: Youth leadership.

Specific Course(s): Introduction to Youth Work Skills
Planning Your Programme
Skilled Leaders: What do they need?
Whose World is it anyway? : A look at links between Ireland and Developing Countries
Working Together: Teenagers and Adults
Young People, Substance Abuse and Leadership

Description: In-group training is provided through a variety of courses designed to suit the needs and interests of voluntary youth leaders. Special courses are also available for all who work with and for young people.

Method: Participatory workshops.

Philosophy: C.Y.C. is a diocesan agency which supports and services youth ministry and youth work in the Dublin archdiocese.

Target Group: Voluntary youth leaders and workers.

Location: Locations within the area of the Dublin archdiocese.

Duration: Negotiable.

Availability: Throughout the year.

Additnl. Info.: Contact your regional office: Balbriggan; Bray; Clondalkin; Dun Laoghaire; Arran Quay.

11**Jane Clarke**

Contact Address: 10 Hanover Lane,
Dublin 8.

Tel.: 01-544445

Subject Area: Personal and Group Development
Description: Courses cover group facilitation skills, management development, assertiveness training, women and young women's development work
Method: Participative group work
Philosophy: To build people's confidence in their ability to bring about change in their personal life and/or in their community, taking into account the social and cultural context.
Target Group: Community groups, women's groups, young women's groups, training projects.
Location: Dublin-based. Willing to travel.
Duration: Negotiable.
Availability: Negotiable.

12**Margaret Clince**

Contact Address: Margaret Clince,
28 Cluain Aoibhinn,
Maynooth,
Co. Kildare.

Tel.: 01-285626

Subject Area: Personal development.
Description: Personal development.
Method: Workshops. Group work approach with emphasis on participation.
Philosophy: Every person's experiences are valid. The continual development of the person in every aspect - emotionally, intellectually, socially - should be based on their own experiences.
Target Group: Mainly women's groups.
Location: Dublin and Kildare.
Duration: Contact Margaret Clince.
Availability: Contact Margaret Clince.

Contact Address: Colaiste Dhulaigh,
Coolock,
Dublin 5.

Tel.: 01-474253

Subject Area: Counselling.

Specific Course(s): Extra-mural Certificate in Counselling Skills

Description: This course covers: counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.

Method: The course is experientially based and there is a great deal of emphasis on the sharing of people's own experience and resources. The course content is adaptable to the needs of particular groups.

Philosophy: The course is run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth. Learning and education are considered as life-long processes.

Target Group: Those involved (paid or unpaid) in working with other people.

Location: Contact the college.

Duration: 25 x 2 hour sessions.

Availability: Contact the college.

Contact Address: Cappagh Road,
Finglas,
Dublin 11.

Tel.: 01-341426

Subject Area: Counselling.

Specific Course(s): Extra-mural Certificate in Counselling Skills

Description: Course covers: counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.

Method: The course is experientially based with particular emphasis on the sharing of participant's own experiences and resources. The course content is adaptable to the needs of each group.

Philosophy: Learning and education are considered to be life-long processes. The course is run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth.

Target Group: Those involved (paid or unpaid) in working with other people.

Location: Finglas.

Duration: 25 x 2 hour sessions.

Availability: Contact the college.

Contact Address: Main Street,
Dundrum,
Dublin 14.

Tel.: 01-989283

Subject Area: Counselling.

Specific Course(s): Extra-mural Certificate in Counselling Skills

Description: Course covers : counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.

Method: The course is experientially based with particular emphasis on the sharing of participants own experiences and resources. The course content is adaptable to the needs of each group.

Philosophy: Learning and education are considered to be life-long processes. The course is run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth.

Target Group: Those involved (paid or unpaid) in working with other people.

Location: Dundrum.

Duration: 25 x 2 hour sessions.

Availability: Contact the college.

Contact Address: Comhairle le leas Oige,
70 Morehampton Road,
Donnybrook,
Dublin 4.

Tel.: 01-683198

Subject Area: Youth club activities.

Description: Skills including: photography; silkscreen printing; newsletter preparation; arts and crafts; outdoor pursuits; computers.

Method: Participative and practical.

Philosophy: Comhairle is the official youth service of the City of Dublin V.E.C. Youth work is about both education and recreation. Comhairle aims to improve the quality of, and participation in, both these aspects of youth work.

Target Group: Youth work leaders and workers.

Location: Comhairle training centres: Herbert St., Dublin 2.; Nth. Great George's St., Dublin 1.

Duration: Contact Comhairle.

Availability: Contact Comhairle.

Comhairle le leas Oige (continued)

Subject Area: Youth leader training.

Specific Course(s): Basic Youth Leadership
Child abuse (seminar)
Communications
Counselling/Listening Skills
Drug Abuse
Group work skills
Psychology of Adolescence

Description: Training that develops the skills of youth workers and leaders and helps to improve the quality of youth work.

Method: Participative workshops with short inputs. Training designed in consultation with each group.

Philosophy: Comhairle is the official youth service of the City of Dublin V.E.C. Youth work is about both education and recreation. Comhairle aims to improve the quality of, and participation in, both these aspects of youth work.

Target Group: Those involved in youth work and voluntary youth groups.

Location: City of Dublin V.E.C. area.

Duration: Decided in consultation with each group.

Availability: Decided in consultation with each group.

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Community Learning Initiatives (C.L.I.)

Contact Address: Community Learning Initiatives,
25 Forth Street,
St. Monan's,
Scotland KY10 2AV.
Tel.: Adrienne Candy, Dublin. 01-978961

Subject Area: Group development.

Description: Helping groups to re-focus on the values, skills, resources and potential already present within the group. Areas addressed include: improving communication; working with differences; creative teamwork; dealing with authority and power; problem-solving; tapping effectiveness of individuals within the group.

Method: Workshops; seminars; group discussion. Each individual participates actively by identifying an issue that they will focus on during training. The aim is to produce a practical action plan for the future.

Philosophy: We help and support groups to find their own solutions. Problems/issues need to be addressed at the human level and solutions can be found within the group. Each individual in a group has something valuable to contribute and this potential should be tapped. The aim is to assist the group to become pro-active, rather than reactive.

Target Group: All community groups and voluntary groups.

Location: Ireland and the U.K.

Duration: 5 days plus follow-up.

Availability: To meet the needs of each client.

**18 Community Training Collective
(C.T.C.)**

Contact Address: Community Training Collective,
c/o Mary Whelan,
The Basement,
26 Upper Sherrard Street,
Dublin 1. Tel.:01-365595

Subject Area: Integrated Training

Specific Course(s): Social analysis
Writing skills
Campaigning
Group Work

Description: Social analysis including: third world issues;
racism awareness etc.
Writing skills; proposal preparation.
Campaigning; lobbying.
Group work skills; conflict resolution; team
building; project planning and evaluation.

Method: We encourage maximum involvement of
participants in both the design of training and
the training process itself. The range of
experience in C.T.C. ensures that innovative
approaches are brought to the training.

Philosophy: C.T.C. is committed to supporting work for
social justice. We believe that social justice
can only be achieved through fundamental
structural change in Irish society. We believe
that it is important for groups to locate their
work in the broader context of an overall
analysis of Irish society. Our range of training
promotes action that is compatible with theory
and leads to increasingly effective practice.

Target Group: Groups working for social change at a
community level.

Location: To meet the requirements of each group.

Duration: Negotiable.

Availability: Subject to other commitments of C.T.C.
members.

**19 Community Work Service
(N.W.H.B.)**

Contact Address: Health Centre,
Sheil Hospital,
Ballyshannon,
Co Donegal. Tel.: 072-51300

Subject Area: Management.

Specific Course(s): Becoming a More Effective Chairperson
Better Communication within your Group
Doing your own Research
Better Meetings
Money Matters
Recruiting new Volunteers
Setting Goals for your Committee
Working together as a Team

Description: Training for community groups in committee/
management work.

Method: Mainly experiential work and small discussion
groups based on the nominal group technique.
Our preferred approach is to talk to each
group about its training needs and then to
design a course to meet these requirements.

Philosophy: To help groups to identify their own needs and
to develop effective ways of meeting these
needs. "We all remember much better what
we have discovered and said ourselves than
what others have told us."

Target Group: All community groups in Co. Donegal.

Location: Co. Donegal.

Duration: Negotiable - day or evening sessions.

Availability: September to May. Contact the community
worker.

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**Community Workers
Co-operative**

Contact Address: Contact the Central Group of the Co-op
c/o 39 Upper Gardiner Street,
Dublin 1. Tel.: 01-732802

Subject Area: Community development.

Description: The focus is on skills required by those active at a community level and issues relevant to them. Previous programmes have looked at racism and first-world/ third-world relationships.

Method: Seminars and workshops.

Philosophy: To promote and support community work as a means of intervention for social change. Central to this approach is the involvement of the poor and the oppressed in organising collectively for their rights and equality in society.

Target Group: Activists working for change at a community level.

Location: Seminars are hosted in Dublin and then made available nationally.

Availability: Seminars/workshops on a regular basis throughout the year. Subject to demand.

Additnl.Info.: Speakers and facilitators are provided. Groups must provide the venue etc.

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**Community Works
Co-operative Society Ltd**

Contact Address: Community Works Co-operative Society Ltd.,
c/o Mick Cowman, Judy O'Mahony,
Centrecare,
1A Cathedral Street,
Dublin 1. Tel.:01-745441

Subject Area: Co-operative development.

Specific Course(s): Business skills
Conflict resolution
Group dynamics
Setting objectives, planning and evaluation
Social skills
Team Building

Description: Flexible range of courses and seminars geared to groups interested in community enterprise (or more specifically, co-operatives) as a means of social, personal and community development.

Method: Emphasis on participation through discussion and practical exercises using video, handouts, talks/lectures.

Philosophy: We operate within a community development philosophy whereby we help groups to identify and respond to their own needs.

Target Group: Any group interested in community development with an emphasis on co-operatives. We have a particular commitment to communities and groups who are disadvantaged though lack of resources or life opportunities.

Location: Greater Dublin area - will travel where feasible.

Duration: Flexible but standard courses of up to 10 mornings are available.

Availability: No restrictions.

Community Writing and Publishing Resource

Contact Address: Community Writing and Publishing Resource,
23-25 Moss Street,
Dublin 2. Tel.: 01-712149

Subject Area: Newsletter Production
Description: Training in lay-out, editing, design and paste-up for newsletter production. Sessions also provided on costing and distributing a publication.
Method: Workshops of a very practical nature.
Philosophy: Our aim is to provide people with the skills to enable them to find a voice through the printed medium.
Target Group: Community groups; writing groups; women's groups; special interest groups.
Location: Dublin and surrounding area. Could travel further if funding was available.
Duration: Determined by group's needs.
Availability: Negotiable.

Cork Community Services Council

Contact Address: Cork Community Services Council,
Grattan Street,
Cork. Tel.: 021-276050

Subject Area: Community development.
Description: Helping new community associations to get organised and off the ground.
Method: Negotiable with each group.
Philosophy: The council is a federation of community associations, statutory and voluntary bodies in Cork city and area. It aims to keep in touch with new developments, methods and approaches in the field of community work, and to assist groups with activities at local level.
Target Group: New groups in the Cork area.
Location: Cork.
Duration: Contact Cork Community Services Council.
Availability: Can be contacted at any time.

24 County Kerry V.E.C.

Contact Address: County Kerry V.E.C.,
c/o Jim Enright,
Adult Education Office,
24 Denny Street,
Tralee,
Co. Kerry.

Tel.: 066-21488

Subject Area: Personal Development.
Description: Basic and advanced courses in household management and personal development.
Method: Lectures; discussions; practical work.
Philosophy: People identify their own needs and we hope to provide the resources to meet these needs.
Target Group: Socially deprived people.
Location: Housing estates.
Duration: 15 hours per week over a 3 or 4 week period.
Availability: Mornings.
Additnl.Info.: Applicants are generally recommended by St. Vincent de Paul personnel.

25 Creative Counselling Centre

Contact Address: Creative Counselling Centre,
7 Park Road,
Dun Laoghaire,
Co. Dublin.

Tel.: 01-801671

Subject Area: Counselling training.
Specific Course(s): Counselling and Psychotherapy (Professional training)
Introduction to Counselling and Psychotherapy
Description: The 2 year part-time professional training in counselling and psychotherapy aims to develop skillful practitioners through the integration of theory, skill practice and personal development work.
The 1 year part-time introduction to counselling and psychotherapy covers basic theory, skills development and personal development.
Method: Experiential learning - participants are involved in programme planning and assessment. There is input from staff on theory, and also from students and outside facilitators. Methods include lectures, discussions, role-play, workshops, group therapy.
Philosophy: Our approach is based on humanistic psychology. This is person-centred and acknowledges the spiritual, emotional, intellectual and physical nature of the person.
Target Group: The two-year course is for those with a commitment to work as a counsellor or psychotherapist, or whose work involves a good deal of counselling-type contacts. Candidates need to be mature.
The one-year course is for people who have an interest in counselling and psychotherapy or who want to get a realistic appreciation of what professional training in the field involves.
Location: Dun Laoghaire, Co. Dublin.

Creative Counselling Centre (continued)

- Duration:** Two-year course: One day per week (Monday) over 35 weeks, plus 5 week-ends and a 4 day residential course. Year runs from September to June.
One-year course: 35 week year (September to June); 4 hours on Thursday afternoons, and another half-day for course work.
- Availability:** Two-year course is run every 2 years - course began in September 1988.
The one-year course is available each year, limited to 14 participants.

26

Len Cummins

Contact Address: Len Cummins,
12 Valeview Close,
The Park,
Cabinteely,
Dublin 18.

Tel.: 01-857754

- Subject Area:** Personal Development.
- Description:** Personal development and effectiveness; leadership skills; communication skills; counselling and facilitation skills.
- Method:** Experiential techniques based on the experiences of individuals. Emphasis is placed on helping individuals to feel safe and comfortable.
- Philosophy:** Training is based on an inherent respect for the individual. Given the space, all individuals and groups can be creative, caring and effective.
- Target Group:** Open to individuals or groups.
- Location:** Willing to travel if costs can be covered.
- Duration:** Negotiable.
- Availability:** Negotiable.

Contact Address: Development Studies Centre,
Holy Ghost College,
Kimmage Manor,
Whitehall Road,
Dublin 12.

Tel.: 01-554381
01-508454
01-504174

Subject Area: Development Studies

Specific Course(s): Understanding Development
Diploma in Development Studies

Description: Understanding development - a one year
part-time course in development studies.
Diploma in development studies - a one year
programme examining development theories,
issues and policies.

Method: Theories are analysed in a way that tries to
relate them to participants' own work and life
experience.
Tutorials and group-work are essential
components.

Philosophy: To assist in enhancing the understanding of
the nature, problems and possibilities of
development.
To foster awareness and understanding of
human, economic, political and social aspects
of community, change, justice and peace
issues.

Target Group: People concerned with development issues for
reasons of work, active support or personal
interest.
The diploma course will be particularly helpful
to those working in less developed areas,
engaging in justice and peace animation, or
developing community projects.

Location: Development Studies Centre.

Duration: Early October until April (part-time course)
Late September to end of May (Diploma)

Availability: Contact the Centre.

Additnl. Info.: Applicants for the diploma course should have
previous third level education/ training. Some
places are available for people who want to
become involved in development and
animation work.

28**Geraldine Dillon**

Contact Address: Geraldine Dillon,
Co. Kildare V.E.C.,
Limerick Road,
Naas,
Co. Kildare.

Tel.: 01-593760

Subject Area: Personal development/Enterprise development
Specific Course(s): Personal development for adults
Enterprise development
Method: Participatory group work.
Philosophy: In addition to developing the appropriate skills,
personal development is about taking charge
of one's own life, and having an understanding
of oneself.
Target Group: Community-based groups; unemployed
groups; low-income groups.
Location: Dublin and Kildare.
Duration: Negotiable.
Availability: Negotiable.

29**Patrick Doyle**

Contact Address: Patrick Doyle,
Newtown,
Borris,
Co. Carlow.

Tel.: 0503-24140

Subject Area: Community development.
Description: Focuses attention on issues such as: what is
community development and how do you go
about it; how can a community organise and
implement a community development
programme; how to identify community
resources.
Method: Lectures and discussions.
Philosophy: The sessions are based on a belief in the
value of self-help in the community.
Target Group: Any community group.
Location: Based in Carlow but prepared to travel.
Duration: Negotiable.
Availability: Contact Patrick Doyle.

Contact Address: Catherine Drea,
Ballybellon,
Dunhill,
Co. Waterford.

Tel.: 051-96172

Subject Area: Creativity.

Description: Creativity training based on painting, murals etc.

Method: Practical and participatory workshops.

Philosophy: The aim is to facilitate people in finding out more about themselves (especially in the context of their social and community experiences) and in this way to take charge of their own lives.

Location: Mainly Waterford and County. Prepared to travel.

Duration: Possibly 10 weeks of 2-3 hour sessions per week.

Availability: From September 1988.

Target Group: Young adult groups; young offenders.

Subject Area: Personal development.

Specific Course(s): Personal development

Description: Personal development with women's groups.

Method: Practical and participatory workshops.

Philosophy: The aim is to facilitate people in finding out more about themselves (especially in the context of their social and community experiences) and in this way to take charge of their own lives.

Location: Mainly Waterford and County. Prepared to travel.

Duration: Possibly 10 weeks of 2-3 hour sessions per week.

Availability: From September 1988.

Target Group: Women's groups.

Contact Address: Angela Driscoll,
'Castlecrest',
Killincarrig,
Delgany,
Co. Wicklow.

Tel.: 01-874587 (H)
01-867644 (W)

Subject Area: Group management.

Specific Course(s): Group Management Programme

Description: Course covers: how to consult; function of group management; stress and management; assertiveness; role of officers.

Method: Sessions are conducted through group discussions and workshops. Flip-charts, role-play and video are used.

Philosophy: People's capacity for growth and change is limitless. Training is based on the premise that there is always an alternative and we always have the option of choice.

Target Group: Open.

Location: Can travel (with expenses).

Duration: Contact Angela Driscoll.

Availability: Contact Angela Driscoll.

Subject Area: Coping skills.

Specific Course(s): Coping Skills Programme

Description: Course covers: personal development; communication and relationships; assertiveness training; sexuality; facilitation skills.

Method: Sessions are conducted through group discussions and workshops. Flip-charts, role-play and video are used.

Philosophy: People's capacity for growth and change is limitless. Training is based on the premise that there is always an alternative and we always have the option of choice.

Target Group: Open.

Location: Can travel (with expenses).

Duration: Contact Angela Driscoll.

Availability: Contact Angela Driscoll.

32

FÁS (Co-operative Development Unit)

Contact Address: FÁS,
Co-operative Development Unit,
Baggot Street,
Dublin 4. Tel.: 01-685777

Additnl. Info.: FÁS is the state training and employment authority.

Subject Area: Co-operatives.

Specific Course(s): Irish Co-operatives can work
Support for Co-operative Development

Description: *Irish Co-operatives can work* is a video and booklet package. It provides a basis for sessions in which a group can learn about forming a co-operative. The package explores the options for co-operative action and development.

Other courses are developed on the basis of meeting the needs of the group.

Target Group: People interested in understanding more about co-operatives and how they work. These may include workers, community groups and special interest groups.

Location: No restriction.

Duration: Groups organise their own sessions based on the package.

Availability: Contact FÁS (Co-operative Development Unit)

33

FÁS (External Training)

Contact Address: FÁS,
Community Enterprise Programme,
Employment Services Offices (Countrywide).

Subject Area: Community Enterprise

Specific Course(s): Community Enterprise Educational Modules

- Exploration
- Organisation development
- Idea generation
- Enterprise development
- Trading
- Consolidation

Description: These modules address the stages of community enterprise development.

Method: These modules are designed for use by FÁS-funded projects, but can be made available to other groups which operate within a formal network.

Target Group: Community and co-operative groups who are involved in community enterprise initiatives.

Location: Countrywide

Duration: Contact FÁS Employment Services Office

Availability: Contact FÁS Employment Services Office

FÁS (External Training) (continued)

Subject Area: Co-operatives and community development
Specific Course(s): Training Programmes
Description: Diverse courses developed on the basis of needs identified with the groups.
Method: Instruction and participation.
Target Group: Community groups with job creation ideas; groups who wish to pursue the idea of establishing a co-operative enterprise; groups of people who have specific skills.
Location: Countrywide
Duration: Contact FÁS Employment Services Office
Availability: Contact FÁS Employment Services Office

34

Ann Fearn

Contact Address: Ann Fearn,
34 Elm Mount Drive,
Beaumont Drive,
Dublin 9.

Tel.: 01-319746

Subject Area: Personal development.
Method: Participatory sessions.
Philosophy: Courses are designed in consultation with community leaders in order to suit their requirements.
Target Group: Mainly women's groups.
Location: Dublin and county.
Duration: Usually 10 sessions, but negotiable.
Availability: Contact Ann Fearn.

Contact Address: Ferns Diocesan Youth Service,
c/o Marian O'Keefe,
Clifford Street,
Wexford. Tel.: 053-23262
053-23358

Subject Area: Committee Procedures

Description: Committee procedures courses for chairperson, secretary, treasurer, P.R.O. and other committee members of clubs/organisations.

Target Group: Mainly affiliated groups, but other groups are welcome to attend.

Method: Small amount of inputs, handouts etc., with the main emphasis on practical exercises, small group discussions, role play etc.

Philosophy: Empowering communities and young people. The emphasis is on personal development through participation in local projects that are grounded in the community.

Location: New Ross; Gorey; Enniscorthy; Wexford.

Duration: 3 hours.

Availability: Usually October - may be repeated in February. Contact Ferns Diocesan Youth Service.

Subject Area: Facilitation skills.

Description: Facilitation skills course.

Target Group: Leaders with previous training; members of training teams. Other adults with appropriate skills levels can apply.

Method: Small amount of inputs, handouts etc., with the main emphasis on practical exercises, small group discussions, role play etc.

Philosophy: Empowering communities and young people. The emphasis is on personal development through participation in local projects that are grounded in the community.

Location: Diocese of Ferns.

Duration: One week-end - Saturday 10 a.m. to Sunday 4 p.m.

Availability: Probably late November. Can be arranged to meet particular requirements.

Subject Area: Leadership and programmes training.

Specific Course(s): Basic Leadership training for Adults
Programmes training for club leaders

Description: Basic leadership training for adults; programmes training for club leaders.

Method: Small amount of inputs, handouts etc., with the main emphasis on practical exercises, small group discussions, role play etc.

Philosophy: Empowering communities and young people. The emphasis is on personal development through participation in local projects that are grounded in the community.

Target Group: Mainly affiliated groups; other groups are welcome to apply.

Location: Diocese of Ferns.

Duration: One week-end - Saturday 10 a.m. to Sunday 4 p.m.

Availability: Probably October/November. Can be arranged to meet particular requirements.

Ferns Diocesan Youth Service (continued)

Subject Area: Club activities.

Specific Course(s): Activity whirl

Description: A day of workshops in areas such as: screen printing; magazine production; drama; creative dance; preparing for a show etc.

Method: Small amount of inputs, handouts etc., with the main emphasis on practical exercises, small group discussions, role play etc.

Philosophy: Empowering communities and young people. The emphasis is on personal development through participation in local projects that are grounded in the community.

Target Group: Members of affiliated groups; other adult leaders are welcome.

Location: Diocese of Ferns.

Duration: One Saturday from 2 p.m. to 8 p.m.

Availability: Early November. Can be arranged to meet particular requirements.

Subject Area: Youth development.

Description: Consultancy - meeting over a period with a group of adults interested in youth development in their area. The aim is to identify youth needs and priorities, and to plan appropriate ways of meeting these.

Method: Small amount of inputs, handouts etc., with the main emphasis on practical exercises, small group discussions, role play etc.

Philosophy: Empowering communities and young people. The emphasis is on personal development through participation in local projects that are grounded in the community.

Target Group: Community groups.

Location: Diocese of Ferns.

Duration: By arrangement.

Availability: By arrangement.

Ferns Diocesan Youth Service (continued)

Subject Area: Playleader training.

Description: Playleader training.

Method: Small amount of inputs, handouts etc., with the main emphasis on practical exercises, small group discussions, role play etc.

Philosophy: Empowering communities and young people. The emphasis is on personal development through participation in local projects that are grounded in the community.

Target Group: The committees and teenage playleaders of summer playschemes.

Location: Diocese of Ferns.

Duration: 4 nights (or 2 half-days) over 4 weeks.

Availability: To suit playschemes - usually May/June.

36**Susan Marie Finn**

Contact Address: Susan Marie Finn,
23 Charleston Avenue,
Ranelagh,
Dublin 6.

Tel.: 01-964326

Subject Area: Personal development.

Description: Personal development including:
listening/communication skills; positive
self-image; relationships; parenting; leadership;
conflict resolution; setting goals; counselling
skills.

Method: Information; participative exercises;
experience-based discussions.

Philosophy: The aim is to help people to reclaim their real
selves, as distinct from the conditioning of
society.

Target Group: Women's groups; community groups; young
people; young adults; parents.

Location: Dublin - south side and radius of 2 miles north
from O'Connell Bridge.

Duration: 2 hours per week over an 8-10 week period.

Availability: Mornings/ afternoons/ evenings by
arrangement.

37**Foróige (the National Youth
Development Organisation)**

Contact Address: Foróige,
Irish Farm Centre,
Bluebell,
Dublin 12.

Tel.: 01-501166

Subject Area: Youth leader training.

Description: Intensive training in member and leader
training to enable young people to become
involved in their own development.

Method: Workshops.

Philosophy: The fundamental purpose of Foróige is to
enable young people to consciously and
actively involve themselves in their own
development and the development of society.

Target Group: Members and leaders of Foróige; outside
groups by special arrangement.

Location: Country-wide.

Duration: Can range from 3 hours to a full week-end,
depending on the target group.

Availability: Normally between September and May.

Institute of Public Administration

Contact Address: Institute of Public Administration,
57-61 Lansdowne Road,
Dublin 4. Tel.: 01-686233

Subject Area: Computing.

Specific Course(s): Computers and Information Technology

Description: Course covers: computer appreciation (introduction); word processing; introduction to different software packages; introduction to programming.

Method: Practical training by specialist staff.

Target Group: Introductory programmes are for first-time users or potential users of computers.

Philosophy: The I.P.A. aims to improve the standards and promote the study of public administration.

Location: I.P.A. training centre or organisation premises for all the above courses.

Duration: See appropriate brochure.

Availability: See appropriate brochure.

Subject Area: Interpersonal skills.

Specific Course(s): Communications/Interpersonal Skills

Description: Course covers: letter and memo writing; report writing and correspondence; effective speaking; television interviewing; effective meetings; minute taking.

Method: Specialist inputs and practical exercises.

Target Group: People whose involvement in their group/organisation involves them in communication through correspondence and public speaking or in report writing.

Philosophy: The I.P.A. aims to improve the standards and promote the study of public administration.

Location: I.P.A. training centre or organisation premises for all the above courses.

Duration: See appropriate brochure.

Availability: See appropriate brochure.

Subject Area: Training Techniques

Specific Course(s): Training/Instructional Techniques

Description: Course covers: the scope, function and process of training; the use of visual aids; designing training packages.

Method: Specialist inputs and practical exercises.

Target Group: Trainers or instructors in a group.

Philosophy: The I.P.A. aims to improve the standards and promote the study of public administration.

Location: I.P.A. training centre or organisation premises for all the above courses.

Duration: See appropriate brochure.

Availability: See appropriate brochure.

Institute of Public Administration (continued)

Subject Area: Industrial relations.
Specific Course(s): Personnel and industrial relations
Description: Course covers: counselling skills; welfare information; legal procedures and how they work; dealing with alcoholism and drug abuse.
Method: Specialist inputs and practical exercises.
Target Group: People who are in some kind of supervisory position in a group.
Philosophy: The I.P.A. aims to improve the standards and promote the study of public administration.
Location: I.P.A. training centre or organisation premises for all the above courses.
Duration: See appropriate brochure.
Availability: See appropriate brochure.

Subject Area: Management.
Specific Course(s): Management Training
Description: Training includes: introduction to management; leadership skills in management; interpersonal skills for managers; time management.
Method: Courses run by specialist staff - specialist inputs, workshops and practical exercises.
Target Group: Those with management responsibilities in an organisation.
Philosophy: The I.P.A. aims to improve the standards and promote the study of public administration.
Location: I.P.A. training centre or organisation premises for all the above courses.
Duration: See appropriate brochure.
Availability: See appropriate brochure.

Institute of Public Administration (continued)

Subject Area: Management Consultancy
Specific Course(s): Management Consultancy Services
Description: Services include: building management teams; organisation development; interviewing; managing change in an organisation; problem-solving and decision-making; development for women managers.
Method: Programmes are designed jointly by the Institute and the participating organisations to relate to the working environment of the group.
Philosophy: The I.P.A. aims to improve the standards and promote the study of public administration.
Location: I.P.A. training centre or organisation premises for all the above courses.
Duration: See appropriate brochure.
Availability: See appropriate brochure.

39

Irish Association for Counselling

Contact Address: The Mews,
Eblana Avenue,
Dun Laoghaire,
Co. Dublin. Tel.: 01-801605

Subject Area: Counselling.

Specific Course(s): Extra-mural Certificate in Counselling Skills

Description: Course covers: counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.

Method: The course is experientially based with particular emphasis on the sharing of participant's own experiences and resources. The course content is adaptable to the needs of each group.

Philosophy: Learning and education are considered to be life-long processes. The course is run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth.

Target Group: Those involved (paid or unpaid) in working with other people.

Location: Dun Laoghaire.

Duration: 25 x 2 hour sessions.

Availability: Contact the college.

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Irish Family Planning Association

Contact Address: Irish Family Planning Association,
Education Resource Centre,
15 Mountjoy Square,
Dublin 1. Tel.: 01-364533

Subject Area: Sex education.

Specific Course(s): Introductory Course in Sex Education and Personal Relationships

Description: The focus is on attitudes and feelings about sexuality and relationships. This is followed up by further training designed to meet particular needs more comprehensively.

Method: Information and group work.

Philosophy: The I.F.P.A. believes that sexuality is an integral part of the total personality, and that people have a right to full and objective information about it. People have a right to their own beliefs, thoughts and feelings about sexuality, while being responsible for the effect of their behaviour on others.

Target Group: Youth workers; social workers; community workers. Open to all who wish to develop their confidence and competence in the handling of sex education and personal relationships issues.

Location: Dublin and Cork.

Duration: One day introductory course. Further details from I.F.P.A.

Availability: Strict limit on number of places.

Contact Address: Irish Management Institute,
Sandyford Road,
Dublin 16. Tel.: 01-956911

Subject Area: Computing.

Specific Course(s): Computers and Information Systems

Description: Course covers personal computing skills; word processing skills; information technology.

Method: A practical course in the relevant skills.

Philosophy: I.M.I. is committed to raising the performance of Irish managers to the highest international level.

Target Group: Those involved at management level.

Location: I.M.I. premises.

Duration: Contact I.M.I. for details.

Availability: Contact I.M.I. for details.

Subject Area: Personal skills.

Description: Personal skills including: group and personal skills development; untap your true potential; get your message across; managing your time; personal effectiveness at work; better delegation; assertion skills; effective communication; working with people; interviewing skills; report writing for managers; negotiating skills.

Method: Emphasis on participatory sessions.

Philosophy: I.M.I. is committed to raising the performance of Irish managers to the highest international level.

Target Group: Those involved at management level.

Location: I.M.I. premises.

Duration: Contact I.M.I. for details.

Availability: Contact I.M.I. for details.

Subject Area: Management.

Description: General management training including: introduction to management; leadership and motivation.

Method: Practicality is a key element in sessions.

Philosophy: I.M.I. is committed to raising the performance of Irish managers to the highest international level.

Target Group: Those involved at management level.

Location: I.M.I. premises.

Duration: Contact I.M.I. for details.

Availability: Contact I.M.I. for details.

42

Irish Pre-School Playgroups Association

Contact Address: Irish Pre-school Playgroups Association,
19 Wicklow Street,
Dublin 2. Tel.: 01-719245

Subject Area: Playgroups.

Specific Course(s): Practical introductory playgroup course.

Method: Information; small discussion groups; emphasis on creating a relaxed atmosphere.

Philosophy: Training is designed to be practical.

Target Group: Playgroup people; prospective playgroup people; parents; people working with young children.

Location: Adult education Centres throughout the country.

Duration: 2 hour session on 1 night per week over a 10 week period.

Availability: Maximum of 20 to a class.

43

Irish Red Cross Society

Contact Address: Irish Red Cross Society,
16 Merrion Square,
Dublin 4. Tel.: 01-765135/6/7

Subject Area: Ageing.

Specific Course(s): Extra-mural Diploma in Social and Community Aspects of Ageing

Description: Course covers: social aspects of ageing; communication skills; retirement; social policy and ageing etc.

Method: Lectures; discussion groups; seminars.

Philosophy: Learning and education are considered to be life-long processes.

Target Group: Groups working with the elderly; those interested in becoming involved.

Location: Contact I.R.C.S for details.

Duration: 25 x 2 hour sessions; 3 Saturday seminars.

Availability: Contact I.R.C.S for details.

Additnl. Info.: The course is run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth.

44**Jesuit Centre for Faith and Justice**

Contact Address: Jesuit Centre for Faith and Justice,
c/o Larry Bond,
26 Upper Sherrard Street,
Dublin 1. Tel.: 01-740814

Subject Area: Social analysis.

Description: Social analysis of Ireland today, so as to better understand the causes of high unemployment, and adopt local strategies for coping with unemployment.

Method: Workshops including participative exercises; video; drawings; quizzes etc.

Philosophy: People should be the authors of improvements in their own lives. Unemployment, which is unacceptable, is due to economic and political factors rather than the personal failings of individuals. It is essential that solidarity is fostered between those with jobs and those without jobs.

Target Group: Locally based groups in areas of high unemployment.

Location: Areas of high unemployment country-wide.

Duration: Preferably concentrated into 2 full days, but negotiable.

Availability: By mutual agreement.

45**Joe Kelly**

Contact Address: Joe Kelly,
21 Montpelier Gardens,
Dublin 7. Tel.: 01-386305

Subject Area: Group development.

Description: Group work ; conflict resolution; team-building; facilitation skills; awareness for men.

Method: Workshops with heavy emphasis on "process".

Philosophy: Basic class (Marxist) analysis plus commitment to the view that groups intrinsically possess their own answers.

Target Group: Community groups; male prisoners; men.

Location: Dublin.

Duration: Varied.

Availability: Mondays to Thursdays - preferably mornings and afternoons.

46**Patricia Kiersey**

Contact Address: Patricia Kiersey,
19 Rathsallagh Park,
Shankill,
Co. Dublin.

Tel.: 01-822402

Subject Area: Co-operatives.
Description: Sharing experiences of being involved in a community-based co-operative.
Method: Informal discussion among groups of 10 to 15 people.
Philosophy: Community-based co-operatives *can* work.
Target Group: Groups wishing to set up community-based co-operative.
Location: Dublin area only.
Duration: 2 hour session.
Availability: Preferably day-time. Venues should be accessible to public transport.

47**Limerick Youth Service**

Contact Address: Limerick Youth Service,
5 Lr. Glentworth Street,
Limerick.

Tel.: 061-42444

Subject Area: Youth development.
Description: Training in various aspects of youth work and youth leadership.
Method: Contact Limerick Youth service for further details.
Philosophy: To meet the needs of young people from various walks of life, and to act as a resource to unemployed/ non-schoolgoing young people.
Target Group: Youth organisations in the Limerick region.
Location: Limerick.
Duration: Contact Limerick Youth Service for details.
Availability: Contact Limerick Youth Service for details.

48

Siobhan Lynam

Contact Address: Siobhan Lynam,
Gate Lodge,
Kerlogue,
Wexford.

Tel.: 053-23262
053-23358
(evenings) 053-45041

Subject Area: Community development.

Description: Design and implementation of needs-based training programmes in consultation with local communities, addressing and emphasising: project, programme and personal needs identification; project design and programme development; clarification and development of philosophy, goals and objectives; team building; leadership development; assessment of community resources and potential; project and programme evaluation.

Method: Workshops emphasising shared experiences, problem posing, reflection, planning, action and evaluation.

Philosophy: The aim is to enable participants to develop their critical awareness, skills and aptitudes. Thus empowered, they can be more effective in designing, developing or facilitating education and training programmes directed towards personal, community and social change.

Target Group: Community groups; statutory and voluntary agencies; community educators/ trainers/ tutors; youth and adult community education and training projects.

Location: Negotiable.

Duration: Negotiable.

Availability: Negotiable.

49

Elly McCrea

Contact Address: 16 Mapas Road,
Dalkey,
Co.Dublin.

Tel.: 01-859685

Subject Area: Creativity

Specific Course(s): Courses given at: teacher training colleges, teacher centres, H.Dip in Ed. courses; for childcare and social workers, Pre-school workers, Community Groups

Description: Through dramatic activities like symbolic play, role play, movement trust exercises, mask making, etc., I encourage people to get in touch with their playful, creative and intuitive self. Through identification, which is specific to drama, I get the participants to stand in the shoes of others, to enhance understanding and communication.

Method: Symbolic play, role play, movement, trust exercises, mask making, identification, etc., (see above)

Philosophy: There are different kinds of knowing. The traditional educational system develops logic (left brain) mainly, which gives us an incomplete picture of the world around us. To get a complete picture, we have to develop our right brain, which is our creative, emotional and intuitive side. This training focuses on right brain activities, which are of particular importance for those in the educational and caring professions, so that they can deepen their understanding of the people they are working with.

Target Group: People working in the educational and caring professions.

Location: Dublin. Willing to travel.

Duration: Minimum time of 2 hours for a workshop. Length and number of workshops depends on the aims set for the training group.

Availability: Weekdays preferable.

50**Peig McManus**

Contact Address: Peig McManus,
3 Brian Road,
Marino,
Dublin 3.

Tel.: 01-332817

Subject Area: Personal development.
Description: Personal development in communities including: self-confidence and learning leadership skills.
Method: Course designed in consultation with the group.
Philosophy: To help people to develop a sense of their own worth as a foundation for taking charge of their own lives.
Target Group: People who wish to build self-confidence and learn leadership skills.
Location: Dublin.
Duration: Negotiable.
Availability: Can be contacted at any time.

51**Colette Morrison**

Contact Address: Colette Morrison,
16 Cliftonville Road,
Glasnevin,
Dublin 9.

Tel.: 01-309220

Subject Area: Personal Development
Description: Leadership skills; counselling skills; personal development; equal opportunity training; industrial relations. Also courses designed to meet specific needs.
Method: Participatory sessions.
Target Group: All groups and organisations with the exception of early teenagers.
Location: Dublin (outside Dublin at week-ends only).
Duration: Weekly sessions: 5 days from 9.30 a.m. to 5 p.m. Alternatively 3 hours per week over an 8 to 10 week period. Week-ends from Friday evening to Sunday afternoon.
Availability: Daily, evening and week-end sessions.
Additnl.Info.: Adequate training facilities necessary.

52**Moving Theatre Ltd**

Contact Address: Moving Theatre Ltd,
30 Lower Leeson Street,
Dublin 2. Tel.: 01-767182

Subject Area: Cultural
Description: Photography; graphics; drama; art; puppetry;
mask and costume making; screen printing.
Method: Participatory workshops.
Target Group: Mainly aimed at leaders of community-run
groups/projects. Also work with various age
groups from small children to elderly persons.
Location: Work mainly with local communities in their
own area. Premises are available for specific
workshops.
Duration: To suit requirements.
Availability: Subject to availability of personnel.

53**Billy Murphy**

Contact Address: Billy Murphy,
18 Mountshannon Road,
Rialto,
Dublin 8. Tel.: 01-543412

Subject Area: Enterprise Development/Youth Work
Description: Enterprise development; Youth work;
leadership training; social and life skills;
programme planning.
Target Group: Adult, community and youth groups.
Location: Greater Dublin area - prepared to travel
reasonable distances.
Availability: Days; some evenings; occasional week-ends.

54**Vincent Murphy**

Contact Address: Vincent Murphy,
82 Leinster Road,
Dublin 6. Tel.: 01-960583

Subject Area: Creativity.

Specific Course(s): Creative drumming
Creative music

Description: These skills contribute towards personal expression, original thinking, teamwork, listening and co-operation.

Method: Participatory workshops.

Philosophy: The basic assumption is that everyone has a musical 'story' to tell. The telling of this story satisfies a universal human need to affirm oneself in relation to others.

Target Group: Any group of people from 6 years of age upwards.

Location: Country-wide.

Duration: From one and a half hours to full-day workshops. One session a week is probably best.

Availability: Any time.

Additnl. Info.: Provision of room and chairs necessary.

55**National Adult Literacy Agency**

Contact Address: National Adult Literacy Agency,
8 Gardiner Place,
Dublin 1. Tel.: 01-787205

Subject Area: Literacy.

Specific Course(s): Extra-mural Certificate in Literacy-tutor training

Description: Course covers: philosophy of literacy, numeracy and basic education; motivation of young people; group work with young people; resources/materials; support systems etc.

Method: Participation drawing on people's experiences.

Philosophy: Literacy problems are not seen simply as a lack of technical skills. They are also seen as a combination of coping with the social stigma of being labelled illiterate and a generalised sense of failure arising from negative experience of school.

Target Group: For people who are involved in working in literacy with young people, especially from the ages of 16-20 years.

Location: N.A.L.A. premises.

Duration: 4 Saturdays and one residential week-end.

Availability: Contact N.A.L.A.

Contact Address: National Social Service Board,
71 Lower Leeson Street,
Dublin 2. Tel.: 01-616422

Subject Area: Training.

Sample Course(s): An Introduction to Speaking in Public
Community Needs and an Effective
Management System
Counselling - Joint Problem Solving
Effective Meetings
Effective Relationships
Effective and confident use of Radio
Instructional Skills
Managing your Organisation
Money Matters for Voluntary Organisations
Non-directive Counselling
Presentation Skills
Presenting your Organisation
Printing and Publishing
Public Relations in the Community
Effective Reception Skills
Recruiting Volunteers
Speaking in Public
The Holiday Playscheme
The Potential of a Child with a Handicap
Working Effectively with People
Working with Groups

Description: Advice in relation to identifying training needs, course design and content is available to organisations which are involved in information-giving in the social services area.

Method: A variety of methods are used: practical exercises; group discussion; audio-visual techniques; instruction in theory; experiential and participative methods.

Philosophy: The N.S.S.B. is a statutory body responsible for promoting information on, and accessibility to, social services. It also seeks to support voluntary groups in the social service area.

Duration: 1 day to 4 day courses.

Target Group: Any voluntary groups which have an information-giving function in relation to social services.

Location: Countrywide.

Contact Address: National Youth Federation,
2 Belvedere Place,
Dublin 1. Tel.: 01-729933

Subject Area: Developing work skills.
Specific Course(s): Developing Work Skills in Voluntary Organisations
Description: 1. Working with detached youth
2. Effective supervision skills
3. Establishing information centres
Method: Seminars and workshops.
Philosophy: N.Y.F. is committed to social action for social change. This is a process which empowers young people to develop social skills and critical awareness.
Target Group: 1. Staff working with youth
2. Staff in supervision roles
3. Staff working in information centres
Location: Details from N.Y.F.
Duration: Details from N.Y.F.
Availability: Contact N.Y.F.

Subject Area: Stress and Conflict.
Specific Course(s): 1. Handling Stress
2. Handling Conflict Positively
Description: 1. Stress management
2. Conflict resolution
Method: Seminars and workshops.
Philosophy: N.Y.F. is committed to social action for social change. This is a process which empowers young people to develop social skills and critical awareness.
Target Group: 1. Anyone experiencing stress in their job.
2. All staff and volunteers with voluntary organisations.
Location: Details from N.Y.F.
Duration: Details from N.Y.F.
Availability: Contact N.Y.F.

Subject Area: Management.
Specific Course(s): Management and Organisational Skills
Description: Course covers: employing staff; inter-organisational seminar on club development; financial control and accounts.
Method: Seminars and workshops.
Philosophy: N.Y.F. is committed to social action for social change. This is a process which empowers young people to develop social skills and critical awareness.
Target Group: Those involved in voluntary organisations: managers; staff and key volunteers; voluntary treasurers.
Location: Details from N.Y.F.
Duration: Details from N.Y.F.
Availability: Contact N.Y.F.

58

Newbridge Vocational School

Contact Address: Mr Forde,
Vocational School,
Station Road,
Newbridge,
Co. Kildare.

Tel.: 045-31417

Subject Area: Counselling.

Specific Course(s): Extra-mural Certificate in Counselling Skills

Description: Course covers: counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.

Method: The course is experientially based with particular emphasis on the sharing of participants own experiences and resources. The course content is adaptable to the needs of each group.

Philosophy: Learning and education are considered to be life-long processes. The course is run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth.

Target Group: Those involved (paid or unpaid) in working with other people.

Location: Newbridge.

Duration: 25 x 2 hour sessions.

Availability: Contact the college.

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North West Community Development Institute

Contact Address: North West Community Development Institute,
Pearse Road,
Letterkenny,
Co. Donegal.

Tel.: 074-21988

Subject Area: Community enterprise.

Specific Course(s): Training and Support for Community Groups and Associations

Description: Training and support for community groups and associations including: project development, team-building, and effectiveness in community enterprise.

Method: Participatory sessions.

Philosophy: To provide support and training for groups and individuals who are interested or involved in community enterprise development.

Target Group: Community associations and co-operatives in the region who wish to develop enterprise projects.

Location: Mainly Donegal; sometimes Derry and Tyrone.

Duration: 2-3 hours - either one evening per week or on Saturday.

Availability: Throughout the year.

Additnl. Info.: Can also be contacted through FÁS.

Contact Address: Marika O'Connor,
Sanctuary,
Lanesville,
Monkstown,
Co. Dublin.

Tel.: 01-809964

Subject Area: Personal development.

Description: Assertiveness training (men and women) as a method of personal development.

Method: Instruction combined with experiential methods such as role-play, exercises, relaxation etc.

Philosophy: Courses are designed to help people achieve a sense of personal self-worth and greater control over their own lives.

Target Group: Any interested groups or individuals.

Location: Dublin inner-city or south side.

Duration: One 2 hour session per week over 8-10 weeks.

Availability: Mid-week (Tuesdays or Wednesdays). Day courses preferred.

Contact Address: Maura O'Donnell,
28 Tonlegee Drive,
Cameron Park,
Raheny,
Dublin 5.

Tel.: 01-478896

Subject Area: Personal Development.

Description: Personal development including personal effectiveness and group effectiveness.

Method: Group work which is student-centred and experientially based.

Philosophy: The skills and talents of the individual, when elicited and utilised, become recognisably complementary to those of other individuals. Such individuals working together towards a common goal make an effective working group.

Target Group: Community/youth groups who are at various levels of development/enterprise.

Location: Flexible.

Duration: To meet needs of each group.

Availability: Usually day-time hours; some evenings/week-ends.

Contact Address: Partners in Mission (also Delta),
c/o Dublin Institute of Adult Education,
1/3 Mountjoy Square,
Dublin 1. Tel.: 01-787266
01-740932
01-743251

Subject Area: Personal and Group Development

Description: Team building; team interaction; social analysis of local and wider reality; interpersonal and group skills; facilitation skills; communication skills; development of critical awareness; planning and evaluating projects.

Method: Participative workshops; facilitators integrate the main areas of learning in addition to planning each day on the basis of issues arising.

Philosophy: Based on the Freire approach to education and community development and the Christian concept of transformation. Courses are a response to a call to Christian praxis and implicitly espouse the values of solidarity, equality, justice and love.

Target Group: Teams from local communities in disadvantaged areas; individuals preparing to join such teams.

Location: Dublin and Galway. Other areas invited to send teams.

Duration: 10 day full-time residential.

Availability: July.

Contact Address: Psychology Training Centre Ltd,
4 Merrion Square,
Dublin 2. Tel.: 01-763860

Subject Area: Practical Skills

Specific Course(s): AIDS Education Programme (ASK, City Centre)
Community Enterprise (Fás)
Family Dynamics (All Hallows)
Parental Effectiveness (Tallaght Youth Service)
Parental Effectiveness Tutor's Course
Playground Leaders (Dublin Corporation)
Tenants Associations (Ballymun Community Project)
Youth Leaders (Comhairle le leas Oige)

Description: Training in down-to-earth practical skills based on current psychological findings.

Method: Instruction followed by group discussion and practical skills workshops.

Philosophy: P.T.C. was established in 1984 by a group of psychologists and other trainers. It aims to make psychology accessible to everyone, and to pass on the skills to key people in the community to enable them to become trainers themselves.

Target Group: All community groups.

Location: Dublin area.

Duration: Negotiable.

Availability: Negotiable.

Psychology Training Centre Ltd (continued)

Subject Area: Psychology.
Specific Course(s): Diploma in Applied Psychology
Description: 2 year Adult Education Diploma in Applied Psychology.
Method: Theory, practical skills and personal development.
Philosophy: P.T.C. was established in 1984 by a group of psychologists and other trainers. It aims to make psychology accessible to everyone, and to pass on the skills to key people in the community to enable them to become trainers themselves.
Target Group: Open to any person who wishes to further their understanding of human behaviour. The course can be of particular benefit to those working with others on a voluntary basis.
Location: P.T.C. premises.
Duration: Two evening lectures each week (Monday and Wednesday) plus some one-day workshops.
Availability: Limited to 25 participants.

Subject Area: Personal development.
Description: Positive thinking; assertiveness training; stress management.
Method: Instruction; practical exercises; discussion groups.
Philosophy: P.T.C. was established in 1984 by a group of psychologists and other trainers. It aims to make psychology accessible to everyone, and to pass on the skills to key people in the community to enable them to become trainers themselves.
Target Group: Anyone who feels these skills would be useful to them in working with their group.
Location: P.T.C. premises.
Duration: Evening courses.
Availability: Contact P.T.C.

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Redwood Ireland Training Association

Contact Address: Redwood Ireland Training Association,
c/o Sue Saunders,
Shanganagh Cottage,
Shanganagh Bridge,
Shankill,
Co. Dublin. **Tel.:** 01-825460

Subject Area: Sexuality.
Description: The programme seeks to correct false ideas and myths about sexuality.
Method: Allows for plenty of participation.
Philosophy: The programme tries to break the silence on sexuality.
Target Group: All people interested in the issue. Participants should either have already done the assertiveness course, or some equivalent personal development work.
Location: Subject to demand. Can meet groups outside Dublin.
Duration: 20 hours - usually weekdays, but can do week-ends outside Dublin.
Availability: Evenings preferred, but can also do days.

**Redwood Ireland Training Association
(continued)**

Subject Area: Assertiveness training.
Description: Training includes assertive communication and building self esteem. There is a particular emphasis on women's situations.
Method: Emphasis on participation.
Philosophy: All our behaviour is learned behaviour, and as such it can be changed.
Target Group: Completely open.
Location: Subject to demand. Can meet groups outside Dublin.
Duration: 20 hours - usually weekdays, but can do week-ends outside Dublin.
Availability: Evenings preferred, but can also do days.

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Re-evaluation Co-counselling

Contact Address: Re-evaluation Co-counselling,
c/o Pat White,
43 Kilmore Road,
Artane,
Dublin 5.

Tel.: 01-474440

Subject Area: Personal development.
Description: Courses focus on discharging feelings which block people from being effective.
Method: Emphasis on tangible self-development.
Philosophy: Re-evaluation counselling is about people reclaiming personal responsibility, choice and direction in their lives.
Target Group: People of all ages and backgrounds who are interested in personal growth. The training is particularly good for people who wish to learn group facilitation and counselling skills.
Location: Dublin North.
Duration: Each course has eight sessions usually lasting two and a half hours each.
Availability: Throughout the year.

Contact Address: Tony Downes,
c/o Riversdale Community College,
Blanchardstown Road North,
Dublin 15. Tel.: 01-201028

Subject Area: Counselling.

Specific Course(s): Extra-mural Certificate in Counselling Skills

Description: Course covers: counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.

Method: The course is experientially based and there is a great deal of emphasis on the sharing of people's own experience and resources. The course content is adaptable to the needs of particular groups.

Philosophy: The course is run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth. Learning and education are considered as life-long processes.

Target Group: Those involved (paid or unpaid) in working with other people.

Location: Contact the college.

Duration: 25 x 2 hour sessions.

Availability: Contact the college.

Contact Address: Al O'Donoghue,
St Finian's Community College,
Swords,
Co. Dublin. Tel.: 01-403416
01-402623

Subject Area: Counselling.

Specific Course(s): Extra-mural Certificate in Counselling Skills

Description: Course covers: counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.

Method: The course is experientially based with particular emphasis on the sharing of participants own experiences and resources. The course content is adaptable to the needs of each group.

Philosophy: Learning and education are considered to be life-long processes.

Target Group: Those involved (paid or unpaid) in working with other people.

Location: Swords.

Duration: 25 x 2 hour sessions.

Availability: Contact the college.

Additnl. Info.: The course is run in conjunction with the Centre for Adult and Community Education, St. Patrick's College, Maynooth.

St. Patrick's College (Centre for Adult and Community Education)

Contact Address: Centre for Adult Education,
St. Patrick's College,
Maynooth,
Co. Kildare.

Tel.: 01-285222
Ext.: 442/ 430

Subject Area: Youth work.

Specific Course(s): Extra-mural Certificate/Diploma in Youth Work

Description: Course covers: the situation of young people in Ireland; role of the youth worker; leadership styles; developmental needs of young people; communication skills; facilitation and group work skills.

Method: Sessions are designed to equip participants with the necessary skills and attitudes to enable them to work in the most effective way with young people.

Philosophy: The guiding philosophy is to enable young people to actively participate in their own community.

Target Group: For people who enjoy working with young people.

Location: Various locations, depending on demand.

Duration: 100 hours over 2 year course.

Availability: Contact local Adult Education Adviser.

St. Patrick's College (Centre for Adult and Community Education) (continued)

Subject Area: Radio production.

Specific Course(s): Extra-Mural Course in Radio Production

Description: Course covers: introduction to studio equipment; writing for radio; effectiveness on radio; producing a radio programme; radio interviewing etc.

Method: Course aims to give participants practical experience.

Philosophy: Learning and education are considered to be life-long processes.

Target Group: People interested in getting involved in radio production, especially community radio.

Location: Kairos Communications, Maynooth.

Duration: 10 x 3 hour sessions. Tuesday evenings.

Availability: Limited to 12 people in a group.

Subject Area: Video production.

Specific Course(s): Extra-mural Course in Video Production (Introductory)

Description: Course covers: types and functions of cameras/ recorders; the place of sound; lighting techniques; developing and scripting ideas; editing a programme.

Method: Participants will combine creative, artistic and technical skills in a course which is 25% theoretical and 75% practical.

Philosophy: Learning and education are considered to be life-long processes.

Target Group: This is an introductory beginner's course and is not suitable for those with a lot of experience working with videos.

Location: Kairos Communications, Maynooth.

Duration: 10 x 3 hour sessions, Tuesdays (provisionally).

Availability: Numbers are limited.

St. Patrick's College (Centre for Adult and Community Education) (continued)

Subject Area: Counselling.

Specific Course(s): Extra-mural Certificate in Counselling Skills

Description: Course covers: counselling skills; role of the counsellor; role of the client; relationship between client and counsellor etc.

Method: The course is experientially based with particular emphasis on the sharing of participant's own experiences and resources. The course content is adaptable to the needs of each group.

Philosophy: Learning and education are considered to be life-long processes.

Target Group: Those involved (paid or unpaid) in working with other people.

Location: Maynooth.

Duration: 25 x 2 hour sessions.

Availability: Contact the college.

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**St. Patrick's College
(Department of Social Studies)**

Contact Address: c/o Seamus O'Cinneide,
Dept. Social Studies,
St. Patrick's College,
Maynooth,
Co. Kildare.

Tel.: 01-285222
Ext.: 296/ 425

Subject Area: Community work

Specific Course(s): Diploma in Community Work
Diploma in Community Service

Description: Diploma in Community Work: A full-time postgraduate diploma in community and youth work.
Diploma in Community Service: A 2 year full-time diploma in community and youth work.

Method: Academic classes; fieldwork exercises; placements; experiential learning.

Philosophy: Community work means adopting a professional approach to community development. Underlying this is a concern to enable neighbourhood and community groups to develop their own consciousness, define their own needs, and work to improve their own lives.

Target Group: Entrants for the Diploma in Community Work must have a primary degree in one of the social sciences and have some experience of community work.
Applicants for the Diploma in Community Service should be over 21 years and must have 'matriculated'. They should also be able to present evidence of an aptitude and a liking for community work. Applicants over 25 years will be considered to have matriculated.

Location: Maynooth, Co. Kildare.

Duration: Diploma in Community Work: Early October to May - including a 10 week block placement.
Diploma in Community Service: 2 years (October to September each year).

Availability: There is a limit on numbers.

**Shannon Free Airport
Development Company
(S.F.A.D.Co.)**

Contact Address: Shannon Free Airport Development Company,
The Granary,
Michael Street,
Limerick. Tel.: 061-40777

Subject Area: Community enterprise.

Specific Course(s): Community Enterprise Development

Description: Community enterprise development programme implemented by S.F.A.D.Co. in conjunction with Fás.

Philosophy: S.F.A.D.Co. is state funded and is responsible for industrial development in the mid-west region.

Target Group: Enterprise groups in counties Clare, Limerick, South Offaly and North Tipperary.

Location: Mid-west region as above.

Duration: Contact S.F.A.D.Co.

Availability: Contact S.F.A.D.Co.

71 Superbrain Computer Centre

Contact Address: Superbrain Computer Centre,
c/o Paul,
280a Shangan Road,
Ballymun,
Dublin 9. Tel.: 01-429221

Subject Area: Computing
Description: Word processing and other computer skills.
Method: A series of 'hands-on' training exercises.
Philosophy: There is a need for accessible and cheap training in high-technology, computer-based skills.
Target Group: Anyone who is interested.
Location: Ballymun.
Duration: 5 x 2 hour sessions.
Availability: Morning; afternoon; evening.

72 Tallaght Community Playgroup Co-operative

Contact Address: Tallaght Community Playgroup Co-operative,
c/o 55 Main Street,
Tallaght,
Dublin 24. Tel.: 01-513894

Subject Area: Playleader training.
Description: Training courses for parents and playgroup leaders involved in community playgroups.
Method: Presentation followed by discussion; practical workshops; video.
Philosophy: To develop the confidence and skills of participants. To work with parents in providing playgroup facilities in their own neighborhood on a co-operative self-help basis.
Target Group: Parents and playgroup leaders working in community playgroups.
Location: Tallaght area.
Duration: Two and a half hours once a week.
Availability: Subject to demand. Usually from September/October to January/February.

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Thomond College (Extra-mural Department)

Contact Address: c/o Liam Dugdale,
Extra-mural Department,
Thomond College of Education,
Limerick. Tel.: 061-333644

Subject Area: Community Development

Description: Willing to discuss with community groups ways in which the expertise and facilities of the college (and other colleges in the area) can be made available to them. A playscheme course and a computer course have been run and work is also done on role-play. A diploma in youth leadership is being planned.

Method: Courses are worked out through negotiation and consultation with interested groups.

Philosophy: The facilities and expertise of the college can be made available to, and utilised by, local community groups.

Target Group: Any interested groups.

Location: Limerick.

Duration: Negotiable.

Availability: Negotiable.

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Udaras na Gaeltachta

Contact Address: Udaras na Gaeltachta,
Na Forbacha,
Gaillimh. Tel.: 091-92011

Subject Area: Community education.

Specific Course(s): Community Education Programme

Description: Course covers: communications; media relations; local resources and local history; entrepreneurship; proceedings at meetings etc.

Method: Lectures and discussions.

Philosophy: To motivate people to devise and implement an action plan relevant to the needs of their community.

Target Group: Voluntary community groups in Gaeltacht areas.

Location: Gaeltacht areas.

Duration: Contact Udaras na Gaeltachta.

Availability: Contact Udaras na Gaeltachta.

University College Cork (Department of Adult Education)

Contact Address: Department of Adult Education,
University College,
Cork.

Tel.: 021-276871
Ext.: 2300/1/2; 2631

Subject Area: Community development
Specific Course(s): Certificate Course in Community Development
Method: Lectures and practical sessions.
Philosophy: The aim of this course is to provide an informed and critical view of community development.
Target Group: Those involved in community development, and those with an interest in the general area.
Location: University College, Cork.
Duration: One year part-time, evenings. Contact the department for details.
Availability: Academic year 1988-1989.

University College Cork (Department of Adult Education) (continued)

Subject Area: Media studies
Specific Course(s): Certificate Course in Media Studies
Description: The course provides an overview which should be useful to those who are considering how they might react to or use the media in their future lives and occupations.
Method: Lectures and practical sessions. The lectures provide a theoretical base and illustrations of media practice. The practical sessions examine technical aspects of the media with occasional opportunities for 'hands-on' experience.
Philosophy: The aim of the course is to provide members of the public with a more informed and critical view of media policies and practices. It attempts to provide a basis from which to evaluate the role and power of the media.
Target Group: People interested in the area.
Location: University College, Cork.
Duration: 120 hours (Monday and Wednesday evenings, 7 p.m. - 10 p.m.) plus 2 full-day Saturday workshops over a 20 week period.
Availability: Commences October 1988.

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University College Cork (Department of Social Theory and Institutions)

Contact Address: Department of Social Theory and Institutions,
University College,
Cork. Tel.: 021-276871

Subject Area: Community Work

Specific Course(s): Community Action
Community Work
Social Work Theory

Description: Community development including: differing approaches to community action and community development; research methods and techniques; strategies of action such as approaches to organising, leadership roles and group action.

Method: Lectures; discussions; research; case studies; video; role play.

Philosophy: The course is specifically designed to develop knowledge and skills which are of relevance in working with community groups from a Social Action/Community Development perspective.

Target Group: Open.

Location: University College, Cork.

Duration: One full day per week (Wednesdays) for 20 weeks.

Availability: Contact the department.

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University College Galway (Extra-mural Studies)

Contact Address: c/o Seamus O'Grady,
Extra-mural Studies,
University College,
Galway. Tel.: 091-24411

Subject Area: Community development.

Specific Course(s): Extra-mural Studies Course in Community Development

Description: Course covers: introduction to the concept of community development; strategies; local resource identification; project development.

Method: Lectures and informal class discussion.

Philosophy: Many lessons can be learned from the experiences of local groups in community development in recent years. The course aims to look at these experiences critically and to learn from them.

Target Group: Community groups in the West of Ireland.

Location: Donegal to Clare.

Duration: Weekly two and a half hour sessions over 20 weeks.

Availability: September to May - evenings or week-ends.

Contact Address: West Education and Training,
c/o Jenny Beale/ Bernie Divilly/ Breda Lymer,
Na Fuinseoga,
Trusky East,
Barna,
Co. Galway. Tel.: 091-92110

Subject Area: Personal development.

Description: Personal development including career development and facilitation skills. Four month course in the planning stage.

Method: Group work; role-play; discussion etc.

Philosophy: Training is based on a commitment to women's education and a philosophy of student-centred experiential learning. The aim is to empower and liberate.

Target Group: Women's groups or mixed groups.

Location: Galway area.

Duration: To suit the needs of each group.

Availability: Any time.

Appendix

Support Groups

A.C.T.E.D.

A.C.T.E.D. is an association of individuals who have definable and perceived roles in community-based training, education and development. Their fundamental animating principle is the promotion of people's participation in their own communities through:

- a person-centred approach
- an open approach to learning
- the release of human potential

Its activities include:

- workshops on developing expertise in life and social skills
- meetings of members to explore areas of interest
- involvement in practical action on relevant issues

For further information contact:

Joe Gallagher, c/o College Orchards,
Drumcondra, Dublin 9.

Alliance for Work Forum

The Alliance for Work Forum is a group representing many community groups and workers in the inner-city area of Dublin. In the context of an area of severe unemployment, the Alliance is involved in both research into and practical action on the structural causes of unemployment and the potential of the area for employment creation. A particular focus at present is on the Customs House Dock Development and how to bring about maximum local participation in the planning, jobs and opportunities that may arise.

For further information contact:

Kevin Page, YEAG, 35 Lower Buckingham
Street, Dublin 1.

C.A.F.E.

C.A.F.E. is an all-Ireland umbrella body for those involved with creative initiatives in the community. It is committed to achieving social and cultural equality through creative action. Membership is open to any group or individual who shares its objectives. Its members include youth, women's writing, community, film, video and theatre groups, arts and unemployed centres, creativity workers such as artists, writers and community development workers.

For further information contact:

Jude Bowles or Sue Richardson, CAFE, 23 - 25 Moss Street, Dublin 2. Tel.: 01-770330

Community Action Network (C.A.N.)

C.A.N. was set up in September 1987. It is funded by the Jesuit Solidarity Fund. Its terms of reference include the following:

- to provide opportunities for groups to reflect on their experience by using a community development approach. The aim is to try to make explicit approaches and methods of work which are relevant in the Irish context. In this way it is hoped to contribute to social change.
- to work directly with locally based groups and groups working on particular issues
- to gather, or have prepared, resource materials and to make these available to community groups.

For further information contact:

Mary Whelan, 26 Upper Sherrard Street, Dublin 1. Tel.: 01-365595

Community Forum

Community Forum has brought together individuals and groups, from all over the country, who are active and involved in community projects. The group originally came together after the publication of "To scheme or not to scheme" to look at how community groups could move on from the politics of 'scheming'. The Forum has involved participants in the analysis of their own communities and the role of their work in their communities. To further the analytic process, sessions on specific topics have been suggested with inputs that can provide participants with more concrete information.

For further information contact:

Larry Bond, Jesuit Centre for Faith and Justice, 26 Upper Sherrard Street, Dublin 1. Tel.: 01-740814

Community Workers Co-operative

The Community Workers Co-operative aims to promote and support community work as a means of intervention for social change. Community work is about working with, rather than for, people. Central to this approach is the involvement of the poor and the oppressed in organising collectively for their rights and equality in society.

The co-op acts as an information and support network for community workers; it also organises seminars and workshops on issues of concern. A quarterly magazine is published.

For further information contact:

39 Upper Gardiner Street, Dublin 1. Tel 01-732802.

Irish Institute for Community Work

The Irish Institute for Community Work was formed last year to provide an umbrella group for people involved in community work around the country. It has been concentrating on forming local branches around the country. Looking at training provision for community groups is one of their goals for the future.

For further information contact:

Fiona Colgan, O'Connor Square, Tullamore, Co. Offaly. Tel.: 0506-41858

National Adult Literacy Agency (N.A.L.A.)

N.A.L.A. was formed to promote the development of adult literacy work in Ireland. Help should be available to any adult who judges himself or herself to have a reading or writing problem. Literacy problems are not seen simply as a lack of technical skills, but as a combination of coping with the social stigma of being labelled illiterate, along with a generalised sense of failure arising from negative experience of school.

NALA is compiling a panel of tutor-trainers who will be available to run courses with local schemes interested in literacy work.

For further information contact:

Ed du Divier, NALA, 8 Gardiner Place, Dublin 1. Tel.: 01-787205

Other Useful Contacts**Cork Social & Health Education Project**

The Cork Social and Health Education Project is a voluntary body with a team of full-time professional staff whose main task is training and supporting teachers and other educators in the use of experiential methods in social and health education.

The Health & Welfare Centre, Grattan Street, Cork. Tel.: 021-273087 Ext. 37.

Council for the Status for Women,

Contact: 64 Lower Mount Street, Dublin 2. Tel.: 01-615268, 01-611791

Credit Unions

There are nearly 400 Credit Unions, all over the country. Some, for example Tralee Credit Union, are available and willing to give advice and help on financial matters to community groups in their area. Credit unions should be approached locally. The Irish League of Credit Unions will provide you with information on your local branch.

Irish League of Credit Unions, Castleside Drive, Rathfarnham, Dublin 14. Tel.: 01-908911

FÁS

In addition to its other work, FÁS employs people to carry out education and training with groups that it funds. Some of these trainers may be willing and available on an individual basis to do similar training with other groups.

Enquiries should be made through Employment Services Offices.

**Health
Board
Community
Workers**

As part of their work, community workers employed by local health boards can give help and support to community groups.

Contact can be made through the local Health Board.

**Muintir na
Tíre**

Contact: Canon Hayes House, Tipperary, Co. Tipperary. Tel.: 062-51163

**Regional
Technical
Colleges**

Some RTCs, for example Galway and Tralee, are interested in extending the provision of general adult and community education. They may be willing to talk to community groups about developments in the future. The RTC's have schools of business (Carlow has a business/technology centre) which may be of some help to community enterprise groups.

Addresses and phone numbers are in the local phone directory.

**Vocational
Education
Committees**

The VECs offer a range of education and development courses of interest to community groups. The content and duration vary from area to area and from time to time.

Enquiries should be made locally.

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